



Living the Art Life™



(6 hour workshop with break)

Lose the illusion of control and embrace the joy of letting go with your art. Through the process of play and layering paint, inks, papers, mediums and more, Cheryl will help you discover your inner creativity and self-expression. Cheryl will guide you through some fun mixed-media techniques and coach you in finding your freedom while you create a mixed media abstract canvas. We will be playing with lots of The Crafter's Workshop stencils! Please note that your canvas may need to stay overnight in order to dry.

Student supplies needed:

- Collage material (book paper, scrapbook scraps, die cut scraps, photocopies of old photos)
- Acrylic paintbrushes – at least the following - 1 or 2" flat paintbrush & medium or small round paintbrush
- Matte gel medium
- Modeling paste – (light or regular)
- Archival ink *preferably black
- the following colors quality acrylic paints (examples DecoArt, Liquitex, Golden):
 - white
 - black
 - buff
 - min 2-3 colors of your choice (you do not need every color ☺)
- Palette knife (for scraping and applying texture) and brayer
- 2 small spray bottles – one with water and one with alcohol
- Small water container to rinse brushes
- Baby wipes
- Apron or clothes you don't mind getting painty!
- *Optional – stamps, mark making tools

Cheryl Boglioli Designs

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